

# Lunch with Nurse Steve:



## Top 15 Health Issues for Older Adults

Thursday, March 8, Noon

Nurse Steve's talk will be "a discussion of the most prevalent health care issues affecting older adults."

**Sign-up by Wednesday, February 28**  
\$5.00 (Regular meal cost)

**Menu:** Chicken Cacciatore, Rice Pilaf, Vegetables, Diced Peaches, Dessert

### Urbana Senior Center

Offering fitness, enrichment & social opportunities for 50+  
301-600-7020

9020 Amelung Street, Urbana, MD 21704

(located on the lower level of the Urbana Regional Library)

FREDERICK COUNTY  
Department  
of Aging

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